

Name: First Email address: Mailing Address: City State Zip \_\_\_\_(W) \_\_\_\_\_(Other) \_\_\_\_ Phone # Sex: 

Male Female SS#: Date of Birth: ☐ Single ☐ Married ☐ Divorced ☐ Widowed ☐ Separated ☐ Minor Marital Status: □ Caucasian □ African American □ Asian □ Native American □ Latin American □ Other \_\_\_\_ Race Ethnicity ☐ Hispanic ☐ Latino ☐ Non-Hispanic / Non-Latino Occupation: Employer: Phone: Employer Address: How did you hear about our practice? \_\_\_\_\_ Emergency contact: Name: \_\_\_\_\_ Relation: \_\_\_\_ Phone #: \_\_\_\_ Phone #: (H) \_\_\_\_\_(W) \_\_\_\_ Accident Information Is this visit due to an accident? 

Yes If yes, what type? ☐ Auto ☐ Work ☐ Other Has it been reported? ☐ Yes If yes, to whom? Insurance Information Policy Holder Name: D.O.B. : Relationship to patient (if other than self): \_\_\_\_\_ Phone # \_\_\_\_ ☐ Yes ☐ No Name of Carrier: \_\_\_\_\_ Do you have health insurance? Do you have secondary insurance? ☐ Yes ☐ No Name of Carrier: PLEASE PROVIDE THIS OFFICE WITH A COPY OF YOUR INSURANCE CARD(S) Assignment and Release (insured patients)

I certify that I (or my dependent) have insurance coverage with and I AUTHORIZE, REQUEST AND ASSIGN MY INSURANCE COMPANY TO PAY DIRECTLY TO THE PHYSICIAN/MEDICAL PRACTICE, INSURANCE BENEFITS OTHERWISE PAYABLE TO ME. I understand that I am financially responsible for all charges whether or not paid by insurance. I hereby authorize the doctor to release all information necessary, including the diagnosis and the records of any exam or treatment rendered to me, in order to secure the payment of benefits. I authorize the use of this signature on all insurance claims, including electronic submissions.

SIGNATURE (X)	DATE	
---------------	------	--

## Health History

Who is your primary care physician? (doctor and/or practice) Please check to indicate if you are currently experiencing any of the following conditions: ☐ Neck Pain/Stiffness ☐ Pins/Needles in Arms ☐ Light Bothers Eyes ☐ Sudden Weight Loss ☐ Nausea ☐ Back Pain/Stiffness ☐ Pins/Needles in Legs Depression ☐ Loss of Taste ☐ Cold Feet ☐ Arm/Hand Pain ☐ Fatigue ☐ Nervousness ☐ Loss of Memory ☐ Chest Pain ☐ Leg/Knee Pain ☐ Sleeping Difficulties ☐ Tension ☐ Jaw Problems ☐ Fever ☐ Headaches ☐ Loss of Smell ☐ Cold Sweats Constipation ☐ Fainting Dizziness ☐ Stomach Problems ☐ Allergies ☐ Shortness of Breath ☐ Asthma ☐ Blurred Vision ☐ Night Pain ☐ Bowel/Bladder Changes Please check to indicate if you have ever had any of the following: ☐ Aids/HIV ☐ Cancer ☐ Hepatitis ☐ Osteoporosis ☐ Stroke ☐ Alcoholism ☐ Cataracts ☐ Hernia ☐ Pacemaker ☐ Suicide Attempt ☐ Allergy Shots ☐ Chemical Dependency ☐ Herniated Disc ☐ Thyroid Problems ☐ Parkinson's Disease ☐ Anemia ☐ Chicken Pox ☐ Herpes ☐ Pinched Nerve ☐ Tonsillitis ☐ Anorexia Diabetes ☐ High Cholesterol ☐ Pneumonia ☐ Tuberculosis ☐ Appendicitis ☐ Emphysema ☐ Kidney Disease ☐ Polio ☐ Tumors/Growths ☐ Arthritis ☐ Epilepsy ☐ Liver Disease ☐ Prostate Problems ☐ Typhoid Fever ☐ Asthma ☐ Fractures Measles Prosthesis ☐ Ulcers ☐ Bleeding Disorders ☐ Glaucoma ☐ Migraines ☐ Psychiatric Care ☐ Vaginal Infections ☐ Breast Lump ☐ Goiter ☐ Miscarriage ☐ Rheumatoid Arthritis ☐ Venereal Disease ☐ Bronchitis ☐ Gonorrhea ■ Mononucleosis ☐ Rheumatic Fever ☐ Whooping Cough ☐ Bulimia ☐ Gout ☐ Multiple Sclerosis ☐ Scarlet Fever ☐ Heart Disease ☐ Mumps Other \_\_\_\_ Are you currently under drug and/or medical care? ☐ Yes ☐ No If yes, explain \_\_\_\_\_ Please list any medications you are currently taking (Be sure to include dosage and frequency) Please list any surgeries and/or hospitalizations you have had (type & date): Please list any allergies: \_\_\_\_\_ Please list any supplements you are currently taking (vitamins/herbs/minerals): Is there a family history of any of the following conditions? (Indicate family member including parents, grandparents & siblings) Diabetes \_\_\_\_\_ Arthritis \_\_\_\_ ☐ Heart Disease \_\_ ☐ Diabetes \_\_\_ ☐ Cancer Other \_\_\_\_ Do you exercise: Never Daily ☐ Weekly □Walks □ Runs □ Swims Do your work activities mostly involve: ☐ Sitting ☐ Standing ☐ Light Labor ☐ Heavy Labor What is your daily/weekly intake of the following: Caffeine \_\_\_\_\_ cups/day Alcohol \_\_\_\_\_ drinks/week Cigarettes \_\_\_\_ packs/day I certify that the above questions were answered accurately. I understand that providing incorrect information can be dangerous to my health. SIGNATURE (X) \_\_\_\_\_ DATE \_\_\_\_

## **Consultation History**

Patient Name:			Date:	error karrings
In order of severity, list	major heal	th problem(s),	pain intensity, pain descr	ription and problem history
Problem Areas: Headache, Neck pain, Dizziness, leg numbness, shoulder pain, etc.	Pain Level (0-10/10)			When did the problem begin?: After a fall, work injury, car accident, wear/tear of work and life, 10 years ago, etc
Example: Neck pain	8/10	Sharp with movement and achy all the time		Hour after car accident
1.	/10	Sharp with movement and acry an the time		nous area car accident
2.	/10			
3.	/10			
4.	/10			grada.
5.	/10			Paris and the second
Mark the problem area	s on diagrai	m below	Does this problem prev you normally enjoy?	m(s) worse?
On a scale of 1-10 (with If we determine we can resolved? Yes No	n 10 being th n help you, is ——	he highest, hov s there anythin	w committed are you to el	
Concerns: (Time or Mo	ney)			

### **Informed Consent to Care**

A patient coming to the doctor/massage therapist gives him/her permission and authority to care for them in accordance with appropriate test, diagnosis, and analysis. The clinical procedures performed are usually beneficial and seldom cause any problem. In rare case, underlying physical defects, deformities or pathologies may render the patient susceptible for injury. The doctor, of course, will not provide specific healthcare, if he/she is aware that such care may be contraindicated. It is the responsibility of the patient to make it known or to learn through health care procedures from whatever he/she is suffering from: latent pathological defects, illnesses, or deformities, which would otherwise not come to the attention of the physician. This office does not perform breast, pelvic, prostate, rectal, or full skin evaluations. These examinations should be performed by your family physician, GYN, and dermatologist to exclude cancers, abnormal skin lesions that should undergo biopsy/removal or other treatments. This clinic does not provide care for any condition (such as high blood pressure, diabetes, high cholesterol) other than those addressed in your physical medicine care plan. We also do not prescribe or refill ANY controlled substances. All prescriptions should be refilled by your original prescriber and any new prescriptions should be issued by your primary care provider.

The patient assumes all responsibility/liability if the patient does not report on health forms any past medical history, illnesses, medicines, or allergies.

I agree to settle any claim or dispute I may against or with any of these persons or entities, whether related to the prescribed care or otherwise, will be resolved by binding arbitration under the current malpractice terms which can be obtained by written request.

Patient's Signature	Date

Chiropractic care, like all forms of health care, while offering considerable benefit may also provide some level of risk. This level of risk is most often very minimal, yet in rare cases injury has been associated with chiropractic care. The types of complications that have been reported secondary to chiropractic care include sprain/strain injuries, irritation of a disc condition, and rarely, fractures. One of the rarest complications associated with chiropractic care, occurring at a rate between one instance per one million to one per two million cervical spine (neck) adjustments may be a vertebral artery injury that could lead to stroke.

Prior to receiving chiropractic care this Chiropractic office, a health history and physical examination will be completed. These procedures are performed to assess your specific condition, your overall health and, in particular, your spine health. These procedures will assist us in determining if chiropractic care is needed, or if any further examinations or studies needed. In addition, they will help us determine if there is any reason to modify your care of provide you with a referral to another health care provider. All relevant findings will be reported to you along with a care plan prior to beginning care. I understand and accept that there are risks associated with chiropractic care and give consent to the examinations that the doctor deems necessary, and to the chiropractic care including spinal adjustments, as reported following my assessment.

This notice is effective as of the date it is signed and will expire seven years after the date on which you last received services from us.

Patient Signature	Date

## ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

Patient Name:		DOB:
_	that I have reviewed the Notic one of the following options ar	ce of Privacy Practices of Superior HealthCare. nd sign below.)
	I wish to receive a paper copy	y of Privacy Notice.
	I do not request a copy of the request a copy at any time and	Privacy Notice at this time. I acknowledge that I can d the Privacy Notice is posted in the office.
Please initial be	elow:	
	I acknowledge that it is the position or with another person in (within reason) in writing.	olicy of this office to leave reminder messages on my my home. I may make a request of an alternative means of
peak with the	I acknowledge that if I should Privacy Officer about my cond	d have a problem or question in regard to my rights, I may cerns.
Signature of Pa	atient/Guardian	Date
Witness (Offic	ee Staff)	Date
X-ray Qu	estionnaire: For wome	en only
Our consulta analyze your at this time.	tion and examination may indicate condition. Should x-rays be nece	e that x-rays are necessary to accurately diagnose and essary we would like to confirm that you are not pregnant
Name:		
☐ There is a	a possibility that I may be pregnar	nt at this time.
☐ Yes, I am	definitely pregnant	
□ No, I am o	definitely not pregnant at this time	
□ I request	that x-ray films not be taken beca	iuse:
Date of last	menstrual period:	
	1	

# Massage Cancellation Policy

To cancel or reschedule your massage therapy appointment we require 24 hour notice. You will be charged a \$60 fee under any circumstance for not doing so.

I acknowledge that I,following:	, understand the
int * I will give <b>24hr notice</b> of the need	to cancel or reschedule.
int* I will be responsible for the \$60 fe company, L&I claim or Auto Accid	
int* Failure to comply will result in only same day, if availability allows.	y being able to <b>schedule</b> massage the
int* Text reminders are a <b>courtesy</b> , it is a appointments.	my responsibility to remember my
Sign Name	DATE//